

## FRENCH WRAP (PLUS) WITH GELIFE

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Step-by-Step

## APPLICATION: FRENCH WRAP (PLUS) WITH GELIFE

### Natural Nail French Manicure with Overlay

Estimated time: 45 minutes



#### 1. Prep nails & Treat cuticles

- Have client wash hands with **non-oily soap and water**.
- Sanitize client's hands with **sanitizer** of your choice.
- Remove nail polish and clean nail plate thoroughly with **acetone** or **non-oily polish remover**.
- Trim nails with a **nail clipper**.
- Gently push back and trim cuticles as needed, with a **cuticle pusher** and **cuticle nippers**.
- Clean nail plate by removing any attached, nonliving tissue.



**NOTE:** To ensure optimal product adhesion and results, thorough preparation of nails and cuticles is essential, including the following:

- Dry cuticle prep is recommended. Do not use oil or cream-based removers, water, etc.
- For stubborn cuticles that may require using a remover, be sure to wash hands and nails thoroughly with soap & water before continuing.
- Do not use any acetone for cleansing beyond this step. Use **Cleanser and Prep** only.

#### 2. Etch nail surface & Shape edges

- To enhance gel adhesion, lightly file nail surfaces to remove surface shine from nail plate.
- Use **100 grit** side of **White File** for side walls and cuticle area, and **180 grit** side for center portion of the nail.

**NOTE:** Pay particular attention to side walls and cuticle area, using circular scrubbing motions with file to remove any remaining attached skin.

- Smooth and shape nail edges.



#### 3. Cleanse

- Use circular scrubbing motion and **lint free wipe** soaked with **Cleanser & Prep** to thoroughly remove filings and dust from the nail plate.
- Pay special attention when cleaning the cuticle area and side walls of the nail plate.

4. Apply Clear Gel
- Working with one hand at a time, apply a thin layer of **Clear Gel** on the entire nail plate without touching the surrounding cuticle or skin.
  - Use a simple polish-on method, starting in the center of the nail, brushing lightly down towards the free edge, then work the cuticle area.
  - Seal free edge with gel.

**NOTE:** Avoid using too much product or heavy pressure on brush, as it can lead to under curing, bulkiness, and streaks.

- Remove any excess gel with a **manicure stick** around the cuticle and skin.

**NOTE:** Gel applied on the skin or cuticles will cause lifting and irritation. Clean any gel that runs onto surrounding skin with a **manicure stick** before curing.

**TIP:** Begin with four fingers of the client's right hand, index through pinky. While curing right hand, apply gel to four fingers of client's left hand, index through pinky. Finally apply gel to both of client's thumbs so they can be placed flat during curing together.



5. Cure 1 min
- Cure nails of right hand for 1 minute in a **36 watt UV lamp** while applying gel to the left hand.
  - Cure nails of left hand for 1 minute.
  - Cure thumbs laid flat together for 1 minute.



6. Cleanse
- Wipe nails with a **lint-free wipe** soaked with **Cleanser & Prep** to remove the tacky/inhibition layer.
  - Use 1-3 wipes for each hand, constantly turning the wipe to a clean area, as the residue will accumulate onto the wipe and cause nails to dull.

7. Buff nail
- Buff entire nail lightly with **150 grit** side of **Sponge File** to remove gel shine and enhance adhesion of French Wrap (Plus).



8. Remove dust
- Remove all filings thoroughly with **dry lint free wipe**.



9. Size nails

**NOTE:** A proper fit is achieved when the French Wrap (Plus) completely covers the free edge from sidewall to sidewall without touching skin. If there isn't a perfect size, use the next smaller size for French Wrap and then next larger size for French Wrap Plus. Edges of French Wrap (Plus) should not extend at all beyond edges on natural nail. If so, clip and file as necessary.

- Lay French Wrap (Plus) out in size order for easier application.

A. French Wrap Option with Gelife Application

10a. Apply Brush-On Glue

- Doing one nail at a time, apply **Brush-On Glue** to the corners of the natural nail's free edge.
- Apply **Brush-On Glue** to the entire underside of the French Wrap color band.



11a. Apply French Wrap

- Apply the **French Wrap** onto free edge.
- Make sure the French Wrap edge is aligned and flush with the natural nail's free edge, without hanging over.

**NOTE:** French Wrap is an ultra thin plastic designed to replicate the appearance of white polish on a French manicure. It is not intended to serve as an extension.



12a. Hold till set

- Hold in place for 10 seconds.
- Immediately, stretch a thick, **clear plastic sheet** (like a 'Ziploc' bag) over the entire French Wrap, securely adhering the French Wrap to the nail.
- Hold with tightly stretched plastic for 10 seconds.



13a. Clip off the application tab

- Use **nail clipper** to clip off application tab.
- Remove any excess adhesive with a **manicure stick** around the skin, and from the nail plate with a **dry lint free wipe**.

**NOTE:** Do not twist off application tabs by hand – this risks ripping off French Wrap.



## B. French Wrap Plus Option with Gelife Application

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### 10b. Apply Brush-On Glue

- Doing one nail at a time, apply **Brush-On Glue** to the corners of the natural nail's free edge.
- Apply **Brush-On Glue** to the entire underside of the French Wrap Plus color band.

### 11b. Apply French Wrap Plus

- Using nubs on the underside of the application tab of the **French Wrap Plus** as a guide, make sure the French Wrap Plus edge is aligned and flush with the natural nail's free edge, without hanging over.
- Slowly lower **French Wrap Plus** to place directly flat onto natural nail's free edge.



### 12b. Hold till set

- Press down on the center of the applicator for 10 seconds.
- Press out from center to the sides of the applicator to secure with your thumbs. Repeat this process 2–3 times.
- Press into corners of applicator and hold for 10 more seconds.



### 13b. Clip off the application tab

- Use **nail clipper** to clip in the center, or on either ends of the application tab.
- Housing applicator will release and the clear plastic casing can be removed.
- Remove any excess adhesive with a **manicure stick** around the cuticle and skin, and from the nail plate with a dry lint free wipe.

**NOTE:** Do not twist off application tabs by hand – this risks ripping off French Wrap.



## French Wrap and French Wrap Plus with Gelife Application (Continued)

### 14. Smooth, Shape and Buff

- After applying French Wrap (Plus) to all 10 nails, smooth and shape the free edges with a **White File**, making sure edges of French Wrap (Plus) and natural nail are flush with each other.
- Lightly file over the French Wrap (Plus) only, with the **150 grit** side of the **Sponge File** for improved adhesion of gel.



### 15. Remove dust

- Remove all filings thoroughly with **dry lint-free wipe**.

### 16. Apply French Bonder to French color

- After removing excess **French Bonder** from brush, apply it sparingly by lightly brushing it onto the French color portion only.

**NOTE:** **French Bonder** is designed to open up the pores of the French color to enhance gel adhesion and prevent peeling. Do not overuse as too much French Bonder can melt the colored plastic. Avoid using French Bonder on natural nail bed. It will make soak-off removal extremely difficult. Only in extreme cases where excessive lifting occurs should French Bonder be used on the natural nail.



### 17. Apply Clear Gel

- Apply a thin layer of **Clear Gel** on the entire nail plate to seal and secure the French Wrap (Plus) with the same polish-on method and sequence used in Step 4.
- Seal free edge with gel.
- Remove any excess gel with a **manicure stick** around the cuticle and skin.



### 18. Cure 2 min

- Cure all nails for 2 minutes.

**TIP:** Repeat prior curing process of right hand, then left hand, then thumbs laid flat together.

19. Apply Second Gel Layer  
(pink optional)

- For the second layer, you can apply **Clear** or a **Pink Colored Gel**.
- If using **Clear Gel**, apply the second layer to all nails with the same polish-on method and sequence used in Step 4.
- If using a Pink Gel, you can either:
  - » tone down the white French by applying to the entire nail, or
  - » keep the bright white French by applying only up to the French color, cleaning any pink gel that bleeds over onto the French color with a cleaned gel brush.
- You may apply an additional pink gel layer for enhanced color or coverage.
- Seal free edge with gel.

**NOTE:** If more color is desired, apply additional thin layers with curing in between each layer. Do not apply thick layers or the color will look streaky.

- Remove any excess gel with a **manicure stick** around the cuticle and skin.



20. Cure 2 minutes after each gel application

- Cure all nails for 2 minutes.

**TIP:** Repeat prior curing process of right hand, then left hand, then thumbs laid flat together.

21. Apply Clear Gel

- Apply a thin layer of **Clear Gel** on the entire nail plate using with same brush-on method and sequence used in Step 4.
- Seal free edge with gel.
- Remove any excess gel with a **manicure stick** around the cuticle and skin.

22. Cure 2 min

- Cure all nails for 2 minutes.

**TIP:** Repeat prior curing process of right hand, then left hand, then thumbs laid flat together.

23. Inspect and correct

- Inspect nails to correct any flaws in application.
- If application is satisfactory, proceed to Step 24.
- If filing is needed, first cleanse nails with **lint-free wipe** saturated with **Cleanser & Prep** to remove tacky layer.
- Then use the **White File** to smooth and shape.
- Wipe away dust with a **dry lint-free wipe**.

24. Apply Top Gel

- Apply layer of **Top Gel** to all nails, using the polish-on method, working with one hand at a time, curing thumbs separately.
- Make sure to seal the free edge with Top Gel.
- Always remove any gel around the cuticles and skin with a **manicure stick** before curing.

**NOTE:** Top Gel is very thin in viscosity. It is advisable to apply only 2 nails at a time, then flash cure for 10 seconds to set the gel from moving. Pay close attention that gel does not flood over into cuticle area or sidewalls. Gel left on the skin or cuticles will cause lifting and irritation.



25. Cure 2 min

- Cure all nails for 2 minutes after flash curing.

**NOTE:** Repeat prior curing process of right hand, then left hand, then thumbs laid flat together.

26. Cleanse

- After curing both hands, clean all nails with a **lint free wipe** saturated with **Cleanser & Prep** to remove tacky/inhibition layer.
- Use 1–3 wipes for each hand, constantly turning the wipe to a clean area, as the residue will accumulate on to the wipe and cause nails to dull.

27. Apply Cuticle Nectar

- Apply **Cuticle Nectar** to each finger and massage into cuticle and nail bed.



## REFILL: FRENCH WRAP (PLUS) WITH GELIFE

### Natural Nail French Manicure with Overlay

Estimated time: 40 minutes

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#### 1. Prep nails & treat Cuticles

- Have client wash hands with **non-oily soap and water**.
- Sanitize client's hands with **sanitizer** of your choice.
- Clean exposed nail plate by removing any attached, nonliving tissue.
- Gently push back and trim cuticles, if needed, with a **cuticle pusher and cuticle nippers**.
- Clean new growth area of nail plate by removing any attached, nonliving tissue.

**NOTE:** Perform dry cuticle prep. Do not use creams, water, etc.

#### 2. Etch nail surface & Shape edges

- Lightly file nail surfaces with **100 grit** side of **White File** to gently buff the gel surface and remove the surface shine from the re-growth area of the natural nail.
- Re-shape free edge if necessary and inspect nails to see if any replacement of French Wrap (Plus) is needed on any nail. If so, remove and apply as indicated in Step-by-step instructions.

#### 3. Cleanse

- Use scrubbing motion and **lint free wipe** soaked with **Cleanser & Prep** to thoroughly remove residue and dust.

**NOTE:** Pay special attention when cleaning the re-growth area and side walls of the nail plate.

#### 4. Apply Clear or Color Gel

- Working with one hand at a time, apply a thin layer of **Clear** or **Pink Colored Gel** evenly to the new growth area of the natural nail plate only.
- Dry brush gel over the entire nail to blend refill area smoothly over onto the previous gel to achieve a thin even layer.
- Seal free edge with gel.
- Remove any excess gel with a manicure stick around the cuticle and skin.

**NOTE:** Gel applied on the skin or cuticles will cause lifting and irritation. Clean any gel that runs onto surrounding skin with a cuticle pusher before curing.

**TIP:** Begin with four fingers of client's right hand, index through pinky. While curing right hand, apply gel to client's left hand, index through pinky. Finally apply gel to client's thumbs so they can be placed flat during curing.

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**5. Cure 2 min**

- Cure all nails for 2 minutes.

**TIP:** Repeat prior curing process of right hand, then left hand, then thumbs laid flat together as explained in application step-by-step.

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**6. Apply Clear Gel**

- Working with one hand at a time, apply a thin layer of Clear Gel on the entire nail without touching the surrounding cuticle or skin.
- Use a simple polish-on method, starting in the center of the nail, brushing lightly down towards the free edge, then working the cuticle area.
- Apply same sequence for fingers as recommended in Step 4.

**NOTE:** Avoid using too much product or heavy pressure on brush, as it can lead to under curing, bulkiness, and streaks.

- Remove any excess gel with a manicure stick around the cuticle and skin.

**NOTE:** Gel applied on the skin or cuticles will cause lifting and irritation. Clean any gel that runs onto surrounding skin with a cuticle pusher before curing.

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**7. Cure 2 min**

- Cure all nails for 2 minutes.

**TIP:** Repeat prior curing process of right hand, then left hand, then thumbs laid flat together.

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**8. Apply Top Gel**

- Apply a layer of **Top Gel** to all nails, using the polish-on method, working with one hand at a time, curing thumbs separately.
- Make sure to seal the free edge with Top Gel.
- Remove any gel around the cuticles and skin with a **manicure stick** before curing.

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**9. Cure 2 min**

- Cure all nails for 2 minutes after flash curing.

**TIP:** Repeat prior curing process of right hand, then left hand, then thumbs laid flat together.

10. Cleanse
- Wipe nails with a **lint-free wipe** soaked with **Cleanser & Prep** to remove the tacky/inhibition layer.
  - Use 1 – 3 wipes for each hand, constantly turning the wipe to a clean area, as the residue will accumulate on to the wipe and cause nails to dull.
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11. Apply Cuticle Nectar
- Apply **Cuticle Nectar** to each finger and massage into cuticle and nail bed.

## REMOVAL: FRENCH WRAP (PLUS) WITH GELIFE

### Natural Nail French Manicure with Overlay

Estimated time: 15 minutes

#### 1. File top layer of gel

- Use **100 grit** side of **Brown File** to roughen and remove the top layer of the gel, especially around the edges.

**NOTE:** Be careful not to touch the new nail growth area or surrounding skin.



#### 2. Apply Cuticle Nectar

- Massage **Cuticle Nectar** into the cuticles and surrounding skin to protect them from the acetone.



#### 3. Wrap nails in acetone-soaked cotton balls

- Saturate the **cotton balls** with **acetone**, and place them directly on top of each nail.
- Carefully wrap and cover each finger with the **heavy duty aluminum foil**, shiny side facing in.

**NOTE:** To retain heat and accelerate removal process, ensure that the shiny side of aluminum foil is facing in. If client experiences excessive heat during removal process, remove foil and cotton.

- After 10 minutes, remove foil to evaluate progress.



#### 4. Push off dissolved product

- Gently push off the released gel with a **cuticle pusher** or **manicure stick**.

**NOTE:** Make sure not to force the gel off the nail. If the gel has been applied in multiple layers, it may take longer to soften and may need additional soaking. If so, replace the cotton and foil.

- Repeat soaking/pushing as needed.



#### 5. Gently buff nails

- Buff nail with **240 grit** side of **Sponge File** (or higher grit file) to remove residue, if needed.

#### 6. Wash hands & apply oil

- Wash hands and apply oil/cream to restore nails' natural PH balance.